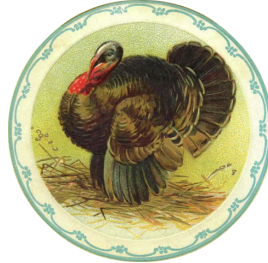


November, 2011

Grinnell Elementary School



How did it get to be November? October was another wonderful month and there was so much learning going on! A big shout out to the PTA for another successful "Spooky Fun Fest." Each year the costumes get better and better.

Progress Reports went home on October 28th and if you have any questions or concerns, please contact your child's teacher. If you are unavailable on November 10th, Parent Conference Day, don't hesitate to call and schedule another day to meet with your child's teacher.

Maryanne Taylor, Home to School Coordinator

Hello Parents/Guardians! Time as usual is flying! We have begun collecting non-perishable items for our annual Derry Community Fund Thanksgiving Food Drive. If you are in need of holiday assistance, Derry Community Fund applications are available in the Human Service office at the Municipal Center. If you have any questions, please call 548-6060.



DERRY SCHOOLS'
ANNUAL THANKSGIVING FOOD DRIVE
OCTOBER 31 ~ NOVEMBER 14



Once again the Derry Schools are assisting the Derry Community Fund in their efforts to make the holidays more enjoyable for Derry's less fortunate families. As in the past, we are accepting contributions of canned good items, dry food items and/or toiletry items as well as paper goods. The canned food item (only canned items, please - no glass) may be any table food item - vegetables, tuna, canned meats, soups, pasta sauce, peanut butter, fruits, cranberry sauce, etc. The dry food item may be any type of dry food such as soup starter, hamburger helper, cereal, pancake mix, pudding, Jell-O, rice, pasta, coffee, tea, hot chocolate, dry milk, etc. The toiletry items and paper goods may include - toilet paper, tissues, toothpaste, shampoo, deodorant, disinfectant wipes, toothbrushes, etc.

Our collection will run from Monday, October 31st until Monday, November 14th when volunteers will pick up the boxes at each school.

Thank you in advance for supporting our community!



**Feeding the
Community**



Nurse's Corner, Lucie Collins

Flu season is once again upon us. The flu affects between 5-20% of the population in any given year. The symptoms of the flu are fever (usually high), headache, extreme tiredness, dry cough, sore throat, runny or stuffy nose, muscle aches, and gastro-intestinal symptoms (more common among children than adults) such as nausea, vomiting, and diarrhea.

Even though the focus remains on getting a flu shot, there are some common sense things you can do to prevent the flu. The NH Dept of Health and Human Services gives us some guidelines to prevent the spread of this virus.

- *Get plenty of rest and fluids
- *Wash hands frequently and after exposure to nasal secretions,
- *Cover your mouth and nose when coughing or sneezing, and
- *Stay home from school until 24 hours after symptom resolution. This includes 24 hours of being fever free (<100 degrees) without the use of fever reducing medications.

The CDC has some additional guidelines on disease prevention at their web site. The web address is <http://www.cdc.gov>.

*Grinnell
Elementary School*

PHONE
432-1238

FAX
432-8717

NURSE:
432-1254

FIRST
STUDENT
432-7417

CAFETERIA
421-9025



Important Dates

November 8 PTA Meeting
7:00 pm ~ 8:00 pm

November 10 No School
Parent Conferences

November 11 No School
Veterans Day

November 17 PALS

November 18 PTA
Movie Night

November 23-25 No School
Thanksgiving Recess

